City of Winnipeg Grant Request

Deadline for submission:

Organization name	Fred Douglas Society
Charity Number	88826 7135RR001
Website	www.freddouglassociety.com
First name	Kim
Last name	Russell
E-mail	krussell@fdl.mb.ca
City	Winnipeg
Province	MB
Postal Code	R2X 0B8
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An overview of our organization's history

Fred Douglas Society:

Fred Douglas Lodge – Personal Care Home
Fred Douglas Apartments and **Fred Douglas Courts** – Independent Living
Fred Douglas Heritage House – Supportive Housing
Fred Douglas Place – Life Lease Apartments

Fred Douglas Society (FDS) is a family of interrelated organizations that evolved over the years to provide a continuum of housing and care options for older adults with an emphasis on affordability. Originally incorporated on January 10, 1964 as the Winnipeg Presbytery Society for Senior Citizens Homes in Winnipeg, FDS was founded by Rev. Dr. F.J. (Fred) Douglas who in 1952 developed seniors housing under the name St. Andrews Senior Citizens Housing, which then went on to become **Fred Douglas Lodge Personal Care Home and Seniors Apartments** in 1964. At this time, FDS consisted of 62 housing units and a 64-bed hostel for single men and women. Eight years later, a 64-bed personal care home was constructed on the Burrows site that, today, houses our Maple, Elm and Oak Units.

During the eighties, FDS embarked on an-other new project in partnership with Manitoba Housing – **Fred Douglas Place Life Lease** – that became the first accommodation of this type in Canada. A unique concept for the time, Fred Douglas Place provides seniors with an affordable alternative to purchasing a condominium or renting by offering both the flexibility of renting and the stability of ownership. In this type of real estate, equity is raised by way of selling "Life Leases" to future residents, and "fees or rents" are contained because the operation is a not-for-profit corporation where fee/rents adjustment are only in response to increases in

utilities, property taxes and mortgage interest rates. Fred Douglas Place opened in 1988.

Two years later, FDS embarked on yet another major capital initiative in response to the growing need for more personal care home accommodations. In September of 1990, the Burrows campus under-went demolition and reconstruction that expanded Fred Douglas Lodge from 64 to 137- bed personal care home.

With the personal care home addition completed, FDS turned its attention to developing another line of housing in its continuum – supportive housing. As operators of both independent housing and personal care, the Society's Board realized a gap existed between independent living and the 24-hour on-site care provided in personal care homes. It was anticipated that this gap would only continue to widen with the increasing number of seniors living longer.

This realization led to a partnership with Manitoba Health, North Portage Corporation, the Downtown Y and others in the redevelopment of the upper four floors of the historic YM - YWCA into supportive housing for seniors and a state-of-the art YM-YWCA on the lower levels. Completed in 2001, **Fred Douglas Heritage House** is a beautiful, 28-suite supportive housing facility for seniors that include congregate meals, light housekeeping, activities and assistance with some activities of daily living.

Most recently, in June of 2011 FDS celebrated further development of the Burrows site by renovating interior space in both east and west wings of the personal care home into the **Fred Douglas Courts** – 20 independent living apartment suites.

Proposed Project – Phase 1 Pet and Plant Committe

The presence of pet and plants create a more "*home like*" atmosphere which contributes to increased resident and staff morale as well as family reassurance. Pets have a positive effect on physical, emotional, psychosocial and mental health and it is our hope that pets enhance our resident's quality of life.

The Fred Douglas Lodge Pet & Plant Committee has developed a phased developmental plan for the implementation of a comprehensive plan to introduce pets and plants to the Lodge. Phasing of the program is required due to the size of the facility, complexity of the program and financial commitment. Components of the plan include:

Facility-visiting pets
Facility-owned pets
Aquariums
Aviaries
Plants
Volunteers
Staff Involvement
Professional and/or Contracted Services

We have established the Facility-Visiting pets program. This easily established program uses community resources (St. John's Ambulance, Staff Pets, and Family Pets) and was quickly implemented with little cost.

We are now focusing on the Aquarium aspect of the plan. Aquariums can be tranquil and provide

a calming effect for residents and they can also be entertaining and educating. An aquarium is a display feature with its own unique underwater tropical ecosystem.

Total Project Cost:

An aviary (fireside lounge) –	16, 000.00
Cage/s for the showcase –	500.00
Cage for atrium on evgn & oak –2 @ 250.00	500.00
Cage for elm	100.00
Birds for Elm	100.00
Birds for Oak	100.00
Birds for the Showcase	600.00
Birds for atrium on Evergreen Unit	500.00
Aquariums – 2 large @ 2000.00 each	4000.00
Aquariums – 2 small @ 300.00 each	600.00
Fish	1000.00
Plants and Pots for facility 12 large plants & ceramic pots	2000.00
Food for birds	300.00
One year aquarium services (includes cleaning & set up)	4000.00
First Year Total	$ 30,300.00

no quote (Holy Family gave one & spent $16,000)

$14,300 quote total is $12,963.

Additional costs for: fish, fish food, other aquarium ornaments/accessories, bird food + toys 1350.00

Financial Request

We are asking your assistance to implement phase 1 of our project in the amount of $15,000

Thank you for your continued support to our seniors.

Roslyn Garofalo, C.A.
CEO, Fred Douglas Society Inc.

Eric Jensen
Chair, Fred Douglas Society



QUOTATION

March 21, 2012

NESTOR's AQUARIUMS & PETS

Customer :
Kim Russell
Coordinator for Fred Douglas Society
1275 Burrows Ave.
Winnipeg, MB R2X 0B8
(204) 586-854

Project Description:
Supplies & Materials for 4 fish tank set ups, birds and 4 bird cage set ups at Fred Douglas Society

Particular/Description	Quantity	Unit Price	Total Price
For the lobby area			
D.A.P (Dallas Aquariums & Ponds Co.) 80-Gallon Half Circle Tank with stand & Glass cover	1 set	$1,199.99	$1,199.99
Fluval 405 Canister Filter	1 unit	$269.99	$269.99
Fluval M300 Aquarium Heater	1 unit	$63.99	$63.99
Glo T5 High Output, 48" Lighting Fixture	1 unit	$189.99	$189.99
PowerGlo T5 bulb, 54W, 46"	2 units	$34.99	$69.98
Aquarium Gravel, 10 kgs.per bag	7 bags (for 4 tanks)	$31.99	$223.93
Hagen "Manor" Dome-Top Cage, Antique silver, 60x55x80 cm; Height: 170 cm., 2 Acacia wood Perches &5 porcelain feed cups	1 unit	$779.99	$779.99
Sun Conure parrots, 3 mos. old	2 birds	$799.99	$1,599.99
		Sub-Total	**$4,397.85**

Particular/Description	:	Quantity	:	Unit Price	:	Total Price
<u>For second location (along hallway)</u>						
FLUVAL 45 Bow Aquarium Kit with stand		1 set		$469.99		$469.99
• 45 US Gal. / 170 L Polished Edged Glass Aquarium with Black Max Silicone • Aqua-Glo 25 Watt T8 Fluorescent Bulb • Fluval M200 Watt Submersible Heater • 0.67 oz (19 g) Nutrafin Max Tropical Fish Flakes • 1 fl oz (30 ml)Nutrafin Aqua Plus Water Conditioner • 4 fl oz (120 ml) Nutrafin CycleBiological Supplement • Fluorescent Canopy with Efficient Electronic Ballast • LCD Thermometer that accurately displays water temperature • Soft 4" (10 cm) mesh net for fragile fish • Fluval C4 Power Filter that is powerful, quiet and simple to use • Quick and easy set-up Care Guide that includes valuable tips on caring for your fish						
Hagen Majestic "Hotel" Parrot Cage With stand, extra large, antique Green, 50x50x105 cm.		1 unit		$259.99		$259.99
Cockatiels, untamed		2 birds		$74.99		$149.98
<u>For third location (main floor, waiting area)</u>						
FLUVAL 26 Bow Aquarium Kit with stand		1 set		$279.99		$279.99
• 26 US Gal. / 98 L Polished Edged Glass Aquarium with Black Max Silicone. • Aqua-Glo 15 Watt T8 Fluorescent Bulb • Fluval M150 Watt Submersible Heater • 0.67 oz (19 g) Nutrafin Max Tropical Fish Flakes • 1 fl oz (30 ml)Nutrafin Aqua Plus Water Conditioner • 4 fl oz (120 ml) Nutrafin Cycle Biological Supplement • Fluorescent Canopy with Efficient Electronic Ballast • LCD Thermometer that accurately displays water temperature • Soft 4" (10 cm) mesh net for fragile fish • Fluval C3 Power Filter that is powerful, quiet and simple to use • Quick and easy set-up Care Guide that includes valuable tips on caring for your fish.						
Hagen Majestic "Motel" Cockatiel Cage with white stand, white, 50x50x125 cm.		1 unit		$179.99		$179.99
Budgie/Parakeet, untamed		2 birds		$29.99		$59.98
				Sub-Total		**$1,399.92**

Particular/Description	Quantity	Unit Price	Total Price
For fourth location (second floor)			
FLUVAL 26 Bow Aquarium Kit with stand	1 set	$279.99	$279.99

- 26 US Gal. / 98 L Polished Edged Glass Aquarium with Black Max Silicone.
- Aqua-Glo 15 Watt T8 Fluorescent Bulb
- Fluval M150 Watt Submersible Heater
- 0.67 oz (19 g) Nutrafin Max Tropical Fish Flakes
- 1 fl oz (30 ml)Nutrafin Aqua Plus Water Conditioner
- 4 fl oz (120 ml) Nutrafin Cycle Biological Supplement
- Fluorescent Canopy with Efficient Electronic Ballast
- LCD Thermometer that accurately displays water temperature
- Soft 4" (10 cm) mesh net for fragile fish
- Fluval C3 Power Filter that is powerful, quiet and simple to use
- Quick and easy set-up Care Guide that includes valuable tips on caring for your fish.

Hagen Majestic "Casino" Flight/ Storage cage, antique brass, 50x50x70 cm., large with stand	1 unit	$199.99	$199.99
Canary, male & female	2 birds	$59.99	$119.98
		Sub-Total	**$599.96**
		Total	**$6,397.73**
		GST (5%)	$319.89
		PST (7%)	$447.84
		Grand Total	**$7,165.46**

Remarks:

PAYMENT TERMS- Cash on delivery
VALIDITY - 30 days from date of quotation

We will give discount on prices of fish, fish food, other aquarium ornaments/accessories, bird food &toys not part of the quotation.

Quotation for 1 unit of Aquarium by the pool table area will follow.

Free delivery; freetank installation & bird cage set-up.

To accept, please sign below and fax to (204) 415-2491 or email to: nestorfernandez2002@yahoo.ca
For any questions, please call @ (204) 774-9322. Thank you for your business.

KIM RUSSELL
Coordinator for Fred Douglas Society