BREATHE
the lung association

The Lung Association – Manitoba
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Governance Committee of Council
City of Winnipeg
Via Email

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The Lung Association applauds the Governance Committee for bringing the issue of scent-free workplaces forward through the resolution to create a policy for a scent free workplace prohibiting the use of scented products in City of Winnipeg workplaces.

One in five Winnipeg citizens is living with a lung health issue. All citizens have the right to breathe clean air to prevent lung disease.

Indoor air quality is greatly affected by the scented products we choose to use for personal or routine use. Chemicals used to add scents to products can cause serious health problems for some people, especially for people with lung diseases such as asthma. Being near a scented product can make some people sick.

A typical fragrance can contain between 100 to 350 ingredients. The problem with scented products is not so much the smell itself as the chemicals that produce the smell.

Scented products can contain several toxic chemicals that constantly turn into vapor in the air and attach themselves to hair, clothing, and surroundings.

We are glad on behalf of the citizens of Winnipeg and city workers that the Governance Committee has taken this step and we encourage City Council to create and implement this important healthy-breathing policy.

Sincerely,

Neil Johnston, RRT
President & CEO
Director of Health Initiatives

Scent-Free Resources:
https://www.lung.ca/lung-health/air-quality/indoor-air-quality/scents
https://www.ccohs.ca/oshanswers/hsprograms/scent_free.html