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Mainstay Transitional Housing

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Mainstay Housing History

- 1993 housing with supports
- Currently funded at $96,000 from the City of Winnipeg
- 34 Bed Transitional Housing
- Supports on site 24 hours/7 days
- Unique for people with difficult housing history, in need of health stabilization, life skills and goal focused

Philosophies

Harm Reduction:

- ❖ Low barrier services
- ❖ Alcohol and substance trade in
- ❖ Individualized supports tailored to people with long term substance use

Housing First:

- Provide housing for people with complex mental health needs
- Partnerships for referrals through many outside agencies such as Judicial, Hospital and recovery orientated

Working within a continuum of care to address any and all issues

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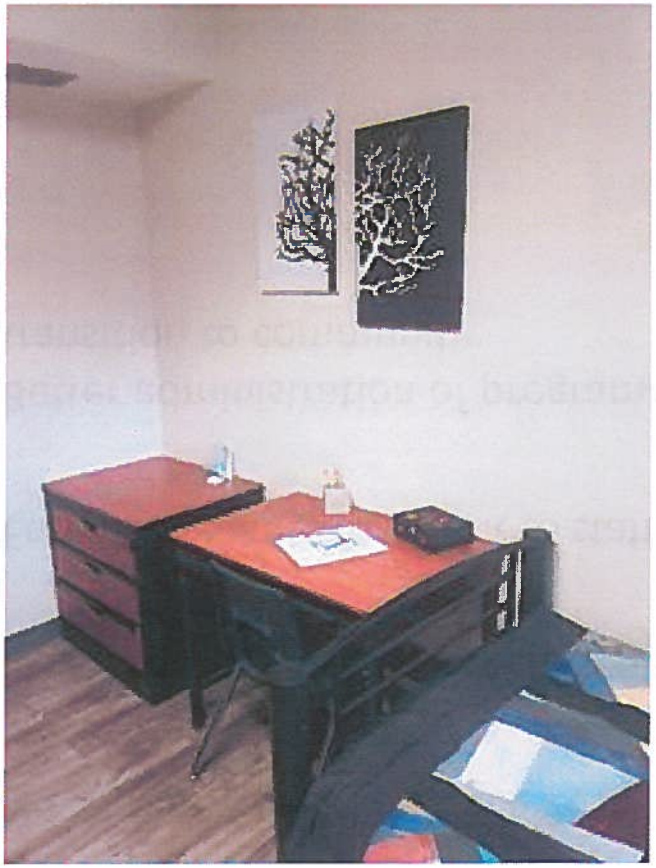
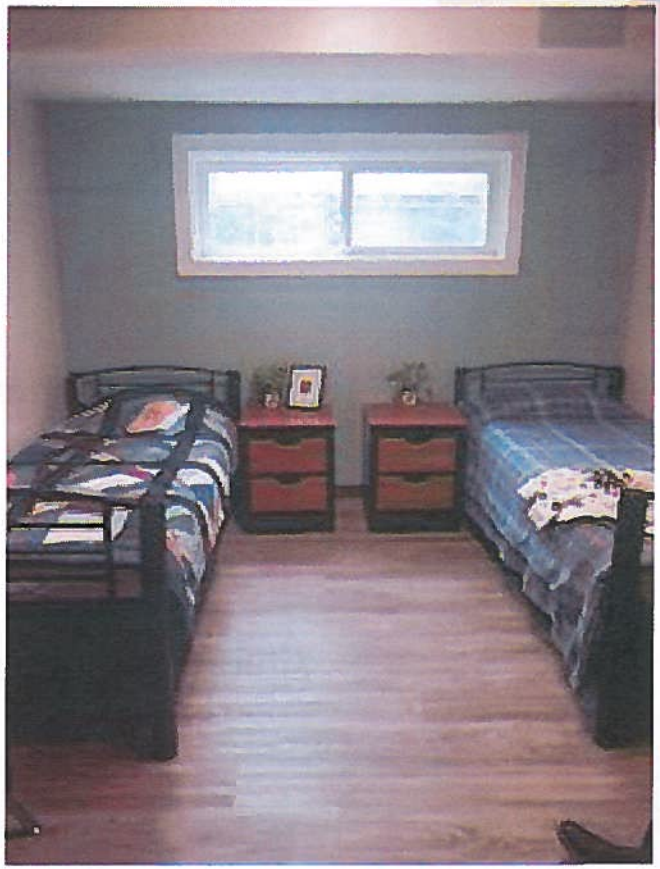
Unique Services:

- Access to on site Paramedics (embedded in MSP services) to stabilize homeless health issues requiring Community Intravenous Antibiotic Program and Rapid HIV testing, lessening the impact on the Health Systems
- Creation of **S**hort **T**erm **A**ddiction **R**esponse beds, for Community Members in need of housing while in the time frame between Detox and a treatment bed in the community
- Partnerships with Community Mental Health Sectors to support people with complex behaviors and active substance use
- Casework coordination and planning for individualized goals
- Treatment and Recovery model focused to support quality of life, right to self determination and a holistic approach
- Trauma informed environment

Renovations





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Outcomes and Funding Request

- No change to funding since 2010
- Landscape of Addiction and Mental Health changing rapidly
- Enhanced Safety for client to staff ratios
- Better administration of programming to support better client outcomes for transition to community

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Warming Center

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Time Line

- Submission to the City of Winnipeg for funding: September 6, 2018
- Renovations to bring center to code and working with the city of Winnipeg: December - January, 2019
- Opening of Warming Center as response to a need in cold weather: January, 2019





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STATS

- Over 6 Weeks:
- MSP referrals: **122** clients were referred from Main Street Project to the warming center to warm up/wait for mat availability
- Self-referrals: **70** clients referred themselves off the street to access the warming center.
- Referrals from other: **25** clients were referred other agencies
- Clients referred to other agencies: The center provided warmth to **23** clients who were referred to further services
- The Warming Center accommodated **197** clients since it launched in the middle of February.

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Unique Community Partnering

- A warm place for people released from IPDA, freeing up City Services and decreasing Police service at MSP
- A warm place for van patrol to provide for people they encounter on the street and through voluntary partnership with Winnipeg Fire and Paramedic Services
- Decrease any outdoor stays for people waiting for spaces at any shelters
- Direct partnering in Warming Center use and Van transport through Salvation Army, Siloam Mission, St. Augustine's Just a Warm Sleep, Spence Street Neighborhood Association, Bear Clan, Winnipeg Outreach Network and other Cold Weather Strategy Council Participants

Building Partnership



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