**Submitted:** Fri, 02/14/2025 - 10:45

# Delegation information

**Committee you want to address**
Executive Policy Committee

**Agenda item you want to address (number and title)**
1. Update on Supportive Housing... 3. 2024 Strategic Infrastructure... 4. Federal Canada Housing Initiative

**Support or oppose recommendations**
I am opposed to the recommendations

**Register as a delegation_checkbox**
Register as a delegation

**Register as a delegation**
In person

**Submit comments in writing checkbox**
Submit comments in writing

**Comments**
Included 3 pages to show council proof of what I will be speaking about. Page 1 - Note found in the pocket of a jacket bought at a Thrift Store on Sherbrook Street from young man involved in gangs. An insight into his mind about wanting to better his life. Page 2 - Introduction note from a 2019 proposal for Peer Support program. Page 3 - Cover page proof from 2019.

Personal information
**First name**
Jessica

**Last name**
Peebles

**Email**

**Phone**

**Job title (optional)**
Singer

Dear [redacted]

Journal #1 January 16

I had the worst 5-6 years of my feined out druggy-thuggy life. My life certification needs a strong little tribal delux/combination Community Chief/Pocahotasses. Meaning My shit does matter to the people of the [redacted]

I am begining [redacted] Scene to let a [redacted] run my own crew. Pratice the things you Preaches, Bumping/heads, head bangers, and Head of the household needs to try asking the serious questions.

1. What will benifit my future = gong-Show?
futures, &

2. [redacted]

Cherish Health Services

Dear [redacted]

My name is Jessica Peebles and I am the founder of Cherish Health Services. I also manage invoicing, payroll, scheduling, and personally work as an agency Health Care Aide (HCA) throughout the Interlake. I wear many hats. Oh, and I currently manage three contractors who pick up shifts with my agency. I decided to write my company profile in this less formal fashion to break the ice a little, if you haven't already noticed.

In all honesty, I don't know how I wound up here. I was born and raised in the North End of Winnipeg. I have faced my fair share of barriers in life starting at a very young age. I began the company in 2013 to provide flexible scheduling for my mother at the time while my father was going through a medical crisis. When she decided to take a break from nursing, the business idled. I struggled to find decent employment that would accommodate my own mental health concerns. There was an addition added to a contract that included Certified HCAs to allow for relief of staffing shortages. I seized the opportunity to be self-employed again and went back to school to become certified. I have now been working as an HCA for almost three years and I love it. My company remains small because I value the connections that I have with my fellow HCAs. We regularly message each other to see how we are doing in life. My company was built on the aspect of peer support and I will bring valuable knowledge, innovating ideas, and a sense of empowerment to this project.

You are probably wondering where I fit into all of this? You see, I am the "lived-experience" trauma expert. I have been providing peer support services my whole life. I built a company from nothing into a supportive work environment for those who need additional flexibility with their schedules. My company is the face of what peer support should look like and I will bring all my expertise, insight, and determination to ensure this project succeeds.

You can only give so much to others. You must give back to yourself at the same time. You must replenish yourself. If you don't practice self-care and self-love, eventually you will have nothing to give to anyone. I have been telling members of my community for years how to chase their dreams. Years of mental health advocacy, volunteering within my community, and the learned lessons early in my business career have pushed me to submit this proposal.

Look forward to connecting with you soon,

Jessica Peebles

Proud Owner, Operator and Health Care Aide of

Cherish Health Services

Shared health
Soins communs
Manitoba

Cherish
Health | Services

**Peer Support Program Proposal**

Proposal No.: [redacted]MB-19