

Minutes – Council – June 26, 2025

Minute No. 371

Standing Policy Committee on Community Services– Motions

Item No. 1 Sherbrook Pool Fitness Facility Fees

Moved by Councillor Gilroy,
Seconded by Councillor Rollins,

WHEREAS the Sherbrook Pool is experiencing a welcome increase in community use, particularly in its aquatic programs;

AND WHEREAS the facility includes a weight room and fitness area that is currently underutilized due in part to comparatively higher user fees and older equipment;

AND WHEREAS the Freight House Recreation Centre offers similar fitness amenities at more affordable rates, making fitness more accessible to residents;

AND WHEREAS access to affordable fitness facilities supports healthy living, physical activity, and overall well-being for people of all ages and abilities;

AND WHEREAS reducing fitness area fees would make Sherbrook Pool a more inclusive and multi-purpose facility, welcoming individuals who may not wish to swim but still seek a place to exercise;

AND WHEREAS a more vibrant and active facility will benefit the surrounding community and support the City's goals of increasing recreational participation and equitable access;

AND WHEREAS the location of Sherbrook Pool makes it a conveniently accessible City-run facility for many residents, particularly in the inner city;

AND WHEREAS lower fees can encourage families to use the facility together — for example, a parent using the treadmill while a child participates in swim lessons — thereby increasing the overall value and utility of the space;

THEREFORE BE IT RESOLVED:

1. That the Public Service be directed to review the fitness and weight room fees at Sherbrook Pool and reduce them to be in line with those charged at the Freight House Recreation Centre;
2. That the Public Service monitor and report back on usage trends of the fitness area following the reduction of the fees, with the goal of promoting increased and sustained community engagement with all aspects of the Sherbrook Pool facility.

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Standing Policy Committee on Community Services– Motions (continued):

3. That the Proper Officers of the City be authorized to do all things necessary to implement the intent of the foregoing.

The Speaker ruled automatic referral of the motion to the Standing Policy Committee on Community Services, in accordance with Rule 16(1) of the Procedure By-law No. 50/2007.